

The Meadow's Messenger



March 2022



A Quail Meadows West Homeowners Association Publication

HOA BOARD OFFICERS

Chairperson	Michael Anderson
1st Vice Chair	Leuren Arenberg
2nd Vice Chair	Jeff Hargis
Treasurer	Margaret Wielenga
Secretary	Joyce Goble

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Architectural Chairperson	Marci Watson
Book Library	Susan Mougeotte
Kitchen Inventory/Supplies	Trudi Forsyth
Sunshine	Irene Johantgen
Messenger Editor	Keith Mougeotte
Messenger Distribution	Keith Mougeotte
Website	Keith Mougeotte



5:30 to 6:30 PM

Friday, March 4th

**Bring your favorite
beverage and a finger
food to share
and join us at the
Clubhouse**

**Clubhouse reservation
for private events may be made with
the 1st Vice Chair.
Applications are at the Clubhouse
and on our website
<http://quailmeadowswest.com/>**

**The Deadline For
The April edition
Is March 20th
*(Earlier is always better)***

Puzzle Solution

2	9	6	1	4	5	8	3	7
3	5	7	8	2	6	1	4	9
1	4	8	9	3	7	5	2	6
6	3	9	5	1	2	4	7	8
5	8	1	7	6	4	3	9	2
4	7	2	3	9	8	6	1	5
9	6	4	2	8	3	7	5	1
8	1	5	4	7	9	2	6	3
7	2	3	6	5	1	9	8	4



HOA PRESIDENT



Michael Anderson



QMW HOA Chairman

Hi there friends and neighbors,

Well, after more than a year hiatus, I am back on the HOA board. Thank you all for your support.

First would like to thank the previous board members for an outstanding job and effort. They made many positive and constructive changes that will benefit the community for years to come. As I have said many times, it is a challenging and mostly thankless job but serving for the benefit of the community has its rewards. I look forward to working with all our board members and anticipate a smooth transition. One of the new members to the board is Jeff Hargis. He will be taking over for Dana. Jeff has been a long time resident and we can expect great things.

The Architectural Committee headed up by Marci Watson has been doing an amazing job keeping our community looking wonderful. Their efforts help keep our community property values & desirability high. Thanks to the entire committee for their efforts!

After the loss of one of our founding homeowners and Sunshine director, Toni McKean, we found ourselves without someone to share a welcome to new homeowners and kind words and cards for those in need. Fortunately, Irene Johantgen offered to help. Please say hi and give thanks to Irene for her commitment for the kindness and support she offers.

We are working on getting the annual disclosures out in the coming weeks along with the new Directory. There are a few items yet to be accomplished before the spring opening of the pool and spa. We will work with the last board's budget as proposed at the annual meeting. There are a few more repairs and maintenance items throughout the park that will be addressed as soon as reasonably possible.

I wish to thank all those who reached out to me to run again and I take your comments and concerns seriously. I will do what I can to ensure those concerns are managed and addressed. As an association of 115 homes, I want everyone to feel they have a say and encourage an active and vibrant community. As YOUR Board of Directors, we always welcome your input. Board members donate their time for the benefit of all homeowners and being responsive to concerns is paramount. We just can't appease all but will endeavor to do our best.

Michael Anderson, Chairman

Happiness held is the seed; Happiness shared is the flower. John Harrigan



FIRST VICE CHAIR

Hello QMW Residents,

The pool and spa will open March 1, 2022. Pool safety is my first priority for all of our residents. Please be mindful of the following:

Pool and Spa Hours: 10AM to 9PM

- Please utilize the gates on the pool deck to go in and out of the pool/spa area. Do not go through the clubhouse.
- Swimsuits (wet or dry) may not be worn in the clubhouse at any time except to use the restrooms.
- Remember to shower/rinse-off before entering the pool/spa. Be mindful to conserve water.
- Conserve energy by turning off the spa jets when you are done.
- The spa is not a kiddie-pool and can pose risks to young children.
- Running, jumping, diving or other types of "horseplay" are not allowed in the pool or surrounding areas. The pool is small in size (35'x17') and cannot be enjoyed by everyone if some people are engaging in these types of activities.
- No guests are allowed in the pool area who are not accompanied by a resident. This includes guests who may be house-sitting for a resident.
- Children who are not potty-trained are not allowed in the pool or spa. No infants can be in the water with only a diaper/swim diaper. CDC protocol states:

Fecal Tea Bags. The CDC has determined that swim diapers are not effective in preventing contamination. Although swim diapers prevent solid feces from escaping (assuming they are properly fitted and changed often), they cannot prevent leakage of urine or diarrhea, which contain infection-causing germs. Some refer to swim diapers as "fecal tea bags." See news release by the National Swimming Pool Foundation.

CDC Website. For more information about diarrhea and swimming see the information posted on the Centers for Disease Control website.

Thank you to Jacqueline Manning for her assistance in opening the clubhouse and maintaining our pool/spa during the weekend.

Thank you,

Leuren Arenberg
First Vice Chair



COMMUNITY

March

BIRTHDAYS

<i>Cetara Robinson</i>	<i>3rd</i>
<i>Al Forsyth</i>	<i>4th</i>
<i>Nabeha Salloum</i>	<i>5th</i>
<i>Yousef Alkhore</i>	<i>8th</i>
<i>Tracy Patterson</i>	<i>9th</i>
<i>Jennifer Miller</i>	<i>11th</i>
<i>Adrian Vandegraaf</i>	<i>20th</i>
<i>Claudia Stuart</i>	<i>21st</i>
<i>Mike Gregory</i>	<i>25th</i>
<i>Annabelle Martinez</i>	<i>27th</i>
<i>Paul Nash</i>	<i>27th</i>
<i>Jean Manning</i>	<i>28th</i>
<i>Edward O'Reilly</i>	<i>28th</i>

ANNIVERSARIES

There are no
March
Anniversaries

Spread a little Sunshine



If you know a neighbor that could use a ray of sunshine in their life, whether through illness or a family loss, please let me know

Irene Johantgen

Sunshine Chair

(805) 714-3256

irebojo@gmail.com

Cards sent by your Sunshine Committee

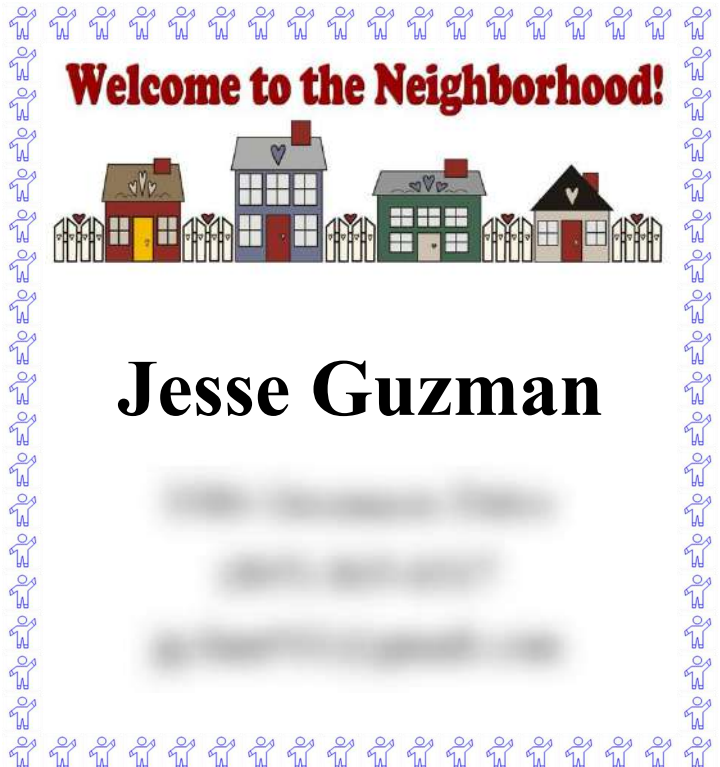


Darlene Kress

Welcome to the Neighborhood!

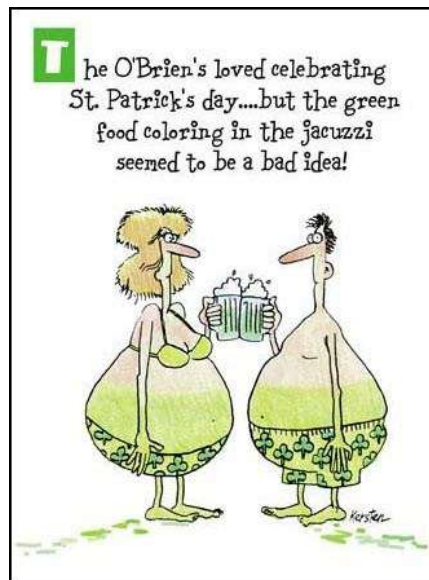
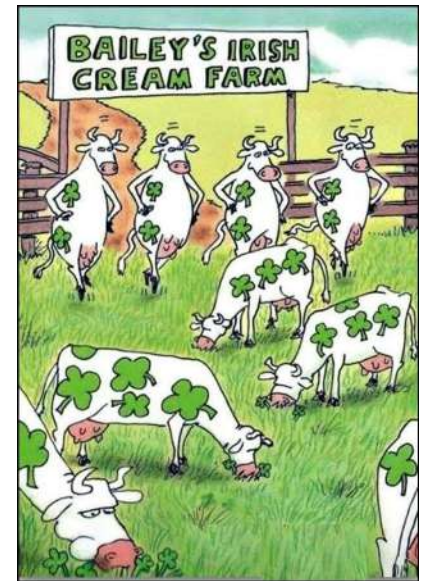


Jesse Guzman





LAUGHTER IS THE BEST MEDICINE



**My stomach is FLAT.
The L is just silent.**

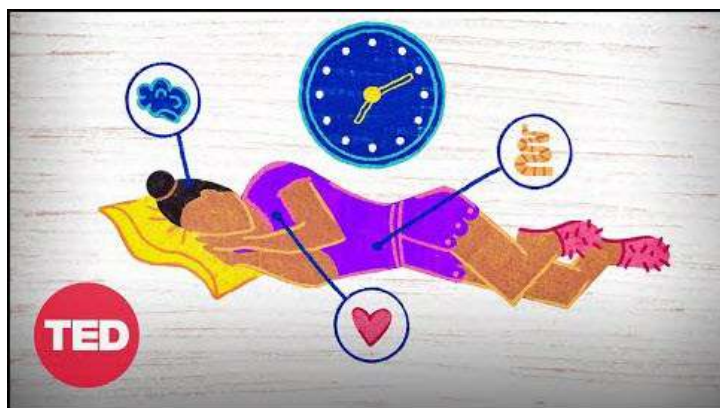




COMMUNITY



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on. There is always something
happening!





RECIPE OF THE MONTH



Garlic Knots

(Click on photo to visit website)

Slathered in buttery, garlicky goodness, these garlic knots are seriously addictive. They're perfect as an appetizer, a side dish (maybe alongside some pasta?), or as a snack any time of the day. They're also easy and quick to make. Just be sure to plan ahead: You'll have to let your refrigerated pizza dough come to room temperature for about an hour on the counter.

INGREDIENTS

- 1 (1 lb.) package store-bought pizza dough
- 8 tbsp. (1 stick) unsalted butter
- 6 cloves garlic, minced or grated
- 1/2 tsp. kosher salt
- 2 tbsp. parsley, minced
- 1/4 cup freshly grated Parmesan

DIRECTIONS

1. Remove pizza dough from the refrigerator and let rest until at room temperature.
2. Adjust oven rack to center position and preheat to 400°. Line 2 baking sheets with parchment paper.
3. In a small pot, melt butter over low heat. Add garlic and salt, and cook until starting to froth. Immediately remove the pot from the heat. Set aside to cool.
4. On a lightly floured surface, stretch the dough into a rectangle about 12" by 10". Using a pizza wheel or sharp knife, cut the dough rectangle into quarters, then cut each quarter vertically into 4 equal dough strips, each about 6" long. Roll each strip into a rope and tie into a knot, tucking ends into the center. Place knots on the parchment-lined baking sheets, spacing them at least 1" apart from each other, and brush with about one-third of the melted garlic butter. (Try to avoid using the pieces of garlic, as they may burn in the oven).
5. Bake for 15-20 minutes, or until golden brown, rotating the trays halfway through. While the knots are baking, stir parsley into the remaining melted garlic butter. (If the butter has solidified, briefly reheat it on the stove before adding the parsley).
6. After the knots are baked, immediately toss with garlic parsley butter. Shower with Parmesan cheese and serve.



YIELDS: 16

PREP TIME: 0 HOURS 15 MINS

TOTAL TIME: 0 HOURS 35 MINS



PUZZLE OF THE MONTH

Sudoku!

Don't know how to play?

Click [here](#) to learn

	9	6		4			3	
	5	7	8	2				
1			9			5		
		9		1				8
5								2
4				9		6		
		4			3			1
				7	9	2	6	
	2			5		9	8	

(Solution can be found on page 2 underneath the Happy Hour announcement)



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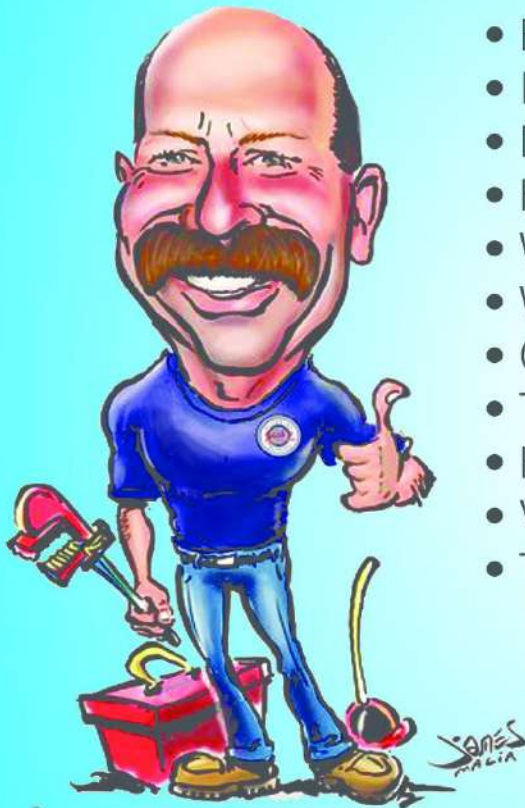
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MARCH 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2	3	4 	5
6	7 10:00 AM Architectural Committee MEETING	8	9	10	11 	12
13 Daylight Savings Begins Spring Forward	14	15	16	17 Next HOA Meeting April 14 @ 7:00 PM	18 	19
20 First Day of 	21	22	23	24	25 	26
27 Messenger Deadline For APRIL (Earlier is Better)	28	29	30	31		

NOTES:



April 2022

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2022

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					